

DISTRICT 3 & 4 AREA TRACK & FIELD CHAMPIONSHIPS

APRIL 21ST, 2016 DENVER CITY, TEXAS

(3-AAA: BROWNFIELD, DENVER CITY, IDALOU, POST, ROOSEVELT, SLATON)
 (4-AAA: ALPINE, CRANE, KERMIT, PRESIDIO, TORNILLO)

SCHEDULE OF EVENTS

9:00 – 9:45 A.M. *Scratch/Coaches Meeting:* Green Room at the West End of the Field House. All Coaches and workers meet at 9:45 A.M. Weigh in implements in the West Green Room at this time also.

FIELD EVENTS FINALS

Field Events: Varsity Boys Varsity Girls All 8 to the Finals if they get a jump, throw, etc...

10:30 Triple Jump Discus
 Pole Vault

11:45 Pole Vault Long Jump
 Discus

1:00 Long Jump Shot Put
 High Jump

2:15 Shot Put Triple Jump
 High Jump

3:30 Meal provided in the West Green Room of the Field House to all coaches and administrators working the meet. All Coaches and workers meet at 4:30

RUNNING FINALS ON TIME SCHEDULE (Order: V Girls, V Boys)

10:00 A.M.	3200 m
5:00	Award Medals to the Field Event winners (1 st thru 4 th Place on the Awards Stand) We will present the 1 st thru 4 th place finishers on the awards stand after every race)
5:25	Welcome, announcements, first call, and playing of the National Anthem
5:30	400 meter relay
5:45	800 m
6:00	100 m hurdles 110 m hurdles
6:15	100 m
6:30	800 meter relay
6:45	400 m
7:00	300 m hurdles
7:15	200 m
7:30	1600 m
7:50	1600 meter relay